



## Answer Key



Social Studies

# East & West

## Workbook 3

# Saudi Arabia

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form by any means, electronic, mechanical, photocopying, recording or otherwise, without the prior written permission of Publisher.

Author  
Rana Ayed Zumot

Editors  
Yasmeen Dardas  
Tasneem Al Khateeb  
Project Assistant  
Rama Smadi

Art Director & Design  
Naseem M Intair  
Design Assistant  
Mahmoud Abu Fares



رايك يهمنى  
حول الكتب المدرسية



fb.ien.edu.sa  
نامل تزويدنا بملحوظاتك ومقترحاتك  
حول الكتب المدرسية

Amman - Jordan

Tel. + 962 6 515 7 555

Fax. + 962 6 515 7 550

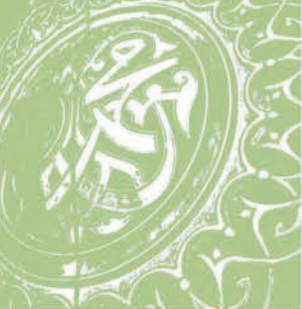
Mob. + 962 7 77 08 00 09

info@ajyall.com

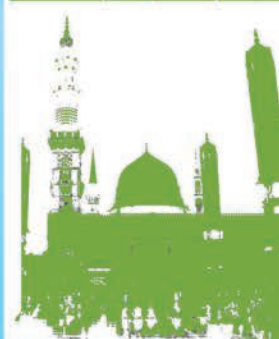
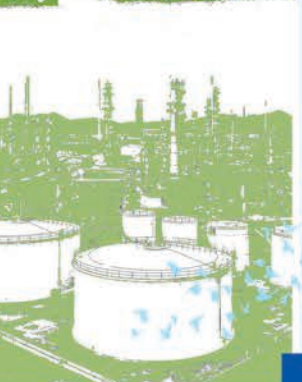
First Edition  
2023



www.ajyall.com



National Library of Jordan  
Documentation & National  
Archives  
Deposit No: 6145/11/2019

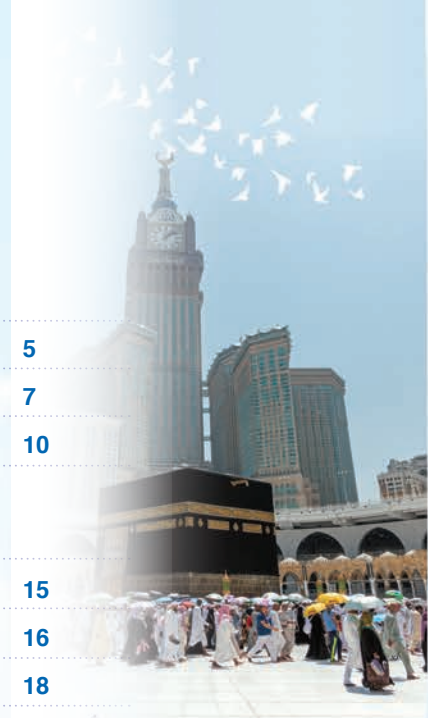




# CONTENTS

► <b>Unit 1</b>	<b>My Character</b>	
Lesson 1	Helping the Poor	5
Lesson 2	Taking Care of the Sick	7
Lesson 3	Meeting New People	10
► <b>Unit 2</b>	<b>My Health and my Safety</b>	
Lesson 1	Clean and Tidy	15
Lesson 2	Safety at the Park	16
Lesson 3	Safety on the Road	18
► <b>Unit 3</b>	<b>Special Times</b>	
Lesson 1	The Holy Month of Ramadan	23
Lesson 2	Teacher's Day	28
Lesson 3	A Newborn In My Family	30
► <b>Unit 4</b>	<b>Places Around Me</b>	
Lesson 1	My Country	35
Lesson 2	My Flag	39
Lesson 3	My City	41
► <b>Unit 5</b>	<b>My Food</b>	
Lesson 1	Food Pyramid	45
Lesson 2	Food and Nutrients	49
Lesson 3	Healthy Meals	52
► <b>Unit 6</b>	<b>Economy</b>	
Lesson 1	Needs	55
Lesson 2	Wants	56
Lesson 3	Money and Currency	59

► **Note: (SOA) stands for  
"Students' own answers".**



Unit

# 1

## My Character

■ Lesson

1

Helping the Poor

■ Lesson

2

Taking Care of the Sick

■ Lesson

3

Meeting New People



# Lesson

# 1

# Helping the Poor



What do we call each of the following?

- a. People who have a very small amount of money, clothes or food.

**The poor.**

- b. Providing help for those in need.

**Charity.**



What happens to our clothes as we grow up?

**They become old and small.**



Circle the clothes that fit you at this age.





What are the things that the poor need?

1. **Money.**.....
2. **Clothes.**.....
3. **Food.**.....



What do you think of Sultan and Sara?

**They are good people.**.....



# Lesson 2 Taking Care of the Sick



What do we call diseases that can be transmitted from one living being to another through direct or indirect contact?

**Contagious diseases.**



Circle the contagious diseases.







What is the First Aid Kit?

**It is a collection of supplies that is used to give medical treatment.**



What would have happened if Joud went to school while she had a flu?

**Her colleagues would have caught the flu.**



What did the doctor tell Joud to do to heal faster?

1. **To stay in bed.**
2. **To have soup.**
3. **To take her medicine.**





Why did Nayef play quietly when Joud was sick?

**In order not to disturb her.**





Write  under the picture that shows something people should do when they are sick and  under the picture that does not show this.



# Lesson 3

## Meeting New People



Write ✓ under the picture that shows the correct behavior with guests and ✗ under the picture that does not show this.







How do we treat our guests?

1. **..We welcome them.**
2. **..We share our toys with them.**
3. **..We never interrupt them while speaking.**



What happens to Nayef when speaking to others?

- ..He sweats and feels confused.**



What did Sultan do to help Nayef ?

1. **..He introduced him to his friends.**
2. **..They talked to him.**
3. **..They allowed him to play football with them.**





Write **yes** under the picture that shows correct behavior and **no** under the picture that shows wrong behavior.



**yes**



**no**



**yes**



**yes**



**no**







Unit

# 2

## My Health & My Safety

■ Lesson

1

Clean and Tidy

■ Lesson

2

Safety at the Park

■ Lesson

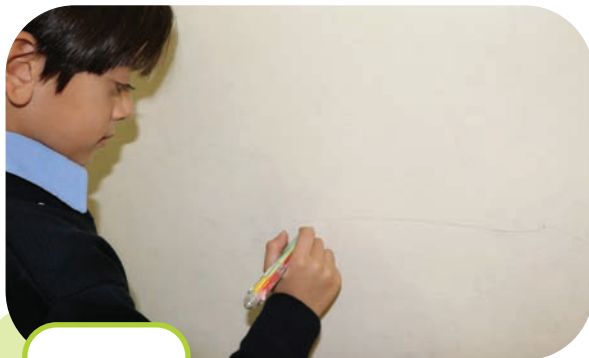
3

Safety on the Road

# Lesson 1 Clean and Tidy



Write **yes** under the picture that shows correct behavior and **no** under the picture that shows wrong behavior.



no



yes



yes



yes



yes



no

# Lesson 2 Safety at the Park



Why is playing very important in our lives?

1.

**When we play, blood circulates actively in our body.**

2.

**We learn new things.**

3.

**We make new friends.**



What will happen if you climb in front of the slide?

**You will slip and fall over.**





What will happen if you walk near a swing while someone is swinging?

**The swing will hit you and hurt you.**







Write  under the picture that shows correct behavior and  under the picture that shows wrong behavior.



# Lesson 3 Safety on the Road



Write ✓ under the picture that shows a safe behavior when riding a car and ✗ under the picture that does not show it.





Explain.

a. We have to take care of ourselves when riding a car or bus.

**In order not to have an accident.**

b. We should not walk around school buses.

**Because the driver cannot see you.**



Choose the correct word to fill in the blanks.

litter

accident

sidewalk

Danger

zebra crossing

1. **Danger** is a cause of harm or injury.
2. An event that happens by chance is an **accident**.
3. A path along the side of a road is called a **sidewalk**.
4. A place on the road that is marked with black and white stripes, where vehicles are supposed to stop so that people can walk across is a **zebra crossing**.
5. Things that have been thrown away on the ground are **litter**.







Write ✓ under the picture that shows a safe behavior on the road and ✗ under the picture that shows a wrong behavior.







Unit

# 3

## Special Times

■ Lesson

1

The Holy Month of Ramadan

■ Lesson

2

Teacher's Day

■ Lesson

3

A Newborn in My Family

# Lesson 1 The Holy Month of Ramadan



Write the following months in order:

Shawwal – Sha'ban – Ramadan

1. **Sha'ban** .....

2. **Ramadan** .....

3. **Shawwal** .....



Explain.

a. The holy month of Ramadan is the most beloved month to Allah.

**Because it is the month of revelation of the holy** .....

**Quran and the month of worship to Allah.** .....

b. Muslims favor dates and water to break their fasting with before having the main course of Iftar.

**Following Prophet Muhammad.** .....

c. The Night of al- Qadr is very high in value for Muslims.

**It is worth more than 1000 months.** .....





Match each picture with what it represents.

Fasting

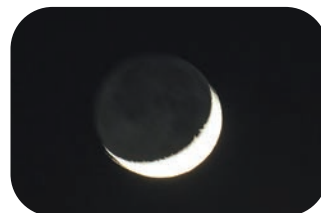
Praying Taraweeh

Reciting the Holy Qur'an

Having Iftar

Praying

Crescent Moon







Q.4

Choose the suitable word to fill in the blanks.

Taraweeh

Revelation

Suhoor

Iftar

Fasting

1

.....**Fasting**..... is to eat no food for a period of time.

2

The prayer Muslims perform every night after the prayer of Evening in the holy month of Ramadan is known as

.....**Taraweeh**..... .

3

The meal that Muslims have before dawn to start their day of fasting upon hearing the call to prayer of Dawn is

.....**Suhoor**.....

4

The meal that Muslims have to break their fasting upon hearing the call to prayer of Sunset is ....**Iftar**.....

5

....**Revelation**.... is Allah's word delivered to people by his prophet ( peace be upon him ).





Write ✓ under the picture that shows good behavior in Ramadan and ✗ under the picture that does not show this.





a. When do Muslims start fasting?

**When a visual sighting of the crescent moon is perceived.**

.....

.....

b. When do Muslims celebrate Eid al-Fitr?

**At the end of the holy month of Ramadan.**

.....

.....



## Lesson 2 Teacher's Day



When does the Kingdom of Saudi Arabia commemorate Teacher's Day and why?

**On October 5 every year because the profession of teaching is regarded as one of the most honorable ones.**



Why do we honor teachers?

**Because teachers take care of promising generations and elevate their minds with knowledge and morals.**

.....



Anas bin Malik reported: Muhammad (peace be upon him) said, "Seeking knowledge is an obligation upon every Muslim". What does this tell you about Islam?

**It shows how much Islam cares about learning and seeking knowledge.**







Choose the suitable word to fill in the blanks.

profession

morals

obligation

celebrate

1. To ...**celebrate**..... is to do something special or enjoyable for an important event, occasion, holiday, etc.
2. A job that needs special training and skill is a .....**profession**.....
3. The standards for good or bad character and behavior are called .....**morals**.....
4. A moral or legal duty to do something is an .....**obligation**.....



Write a letter of appreciation to your teacher.

**SOA**



# Lesson 3 A Newborn In My Family



Put the events of the story in order.



How old is Fahd now?

**He is eight years old.**



Did Fahd change through time?

**Yes, he did.**





Choose the suitable word to fill in the blanks.

small

sweets

change

congratulations

happy

gifts

1. Sara and Fahd are so **happy**.
2. Their relatives brought **gifts** for the newborn baby.
3. Their relatives said **congratulations**.
4. They distributed **sweets** to celebrate Fatima's birth.
5. Fatima is so **small** and beautiful.
6. People **change** through time.





Stick 3 photos for you that show how you have grown.

**SOA**







Unit

# 4

## Places Around Me

■ Lesson

1

My Country

■ Lesson

2

My Flag

■ Lesson

3

My City

# Lesson 1 My Country



Trace the borders of the map of Saudi Arabia in green.





Answer the following questions:

a. Whose picture is this? **The king of Saudi Arabia.**

b. What's the name of the King of Saudi Arabia?

**His Majesty King Salman bin Abd al-Aziz Al Saud.**

c. What is the official title of the King of Saudi Arabia?

**The Custodian of the Two Holy Mosques.**

d. When was he born?

**On December 31<sup>st</sup>, 1935.**

e. Why do we love our king?

**Because he is the leader of our country and the symbol of our pride.**







Answer the following questions:

a. Whose picture is this? **The Crown Prince of Saudi Arabia.**

b. What's the name of the Crown Prince?

**His Royal Highness Prince Muhammad bin Salman.**

c. When was he born? **On August 31<sup>st</sup>, 1985.**



Explain.

Saudi Arabia is considered the birthplace of Islam.

**Because it is the home to Islam's two holiest mosques**

**in Makkah and al-Madinah.**





Choose the suitable word to fill in the blanks.

Riyadh

Saudi

map

Kingdom of Saudi Arabia

city

Abd Al-Aziz Al Saud

Capital

1. The name of my country is the **Kingdom of Saudi Arabia**.
2. The Capital city of my country is **Riyadh**.
3. The founder of my country is king **Abd Al-Aziz Al Saud**.
4. I am a **Saudi** citizen.
5. The seat of government in any country is the **capital**.
6. A **map** is a flat drawing of a place.
7. A **city** is an area where large numbers of people live and work.



## Lesson 2

# My Flag



What is a flag?

**It is a piece of cloth that has special symbols,**

**designs and colors.**



What is the importance of the flag?

**It is the symbol of pride in our country.**



How do we pay respect to our flag?

**By standing while it is raised.**

**By never allowing it to be down.**

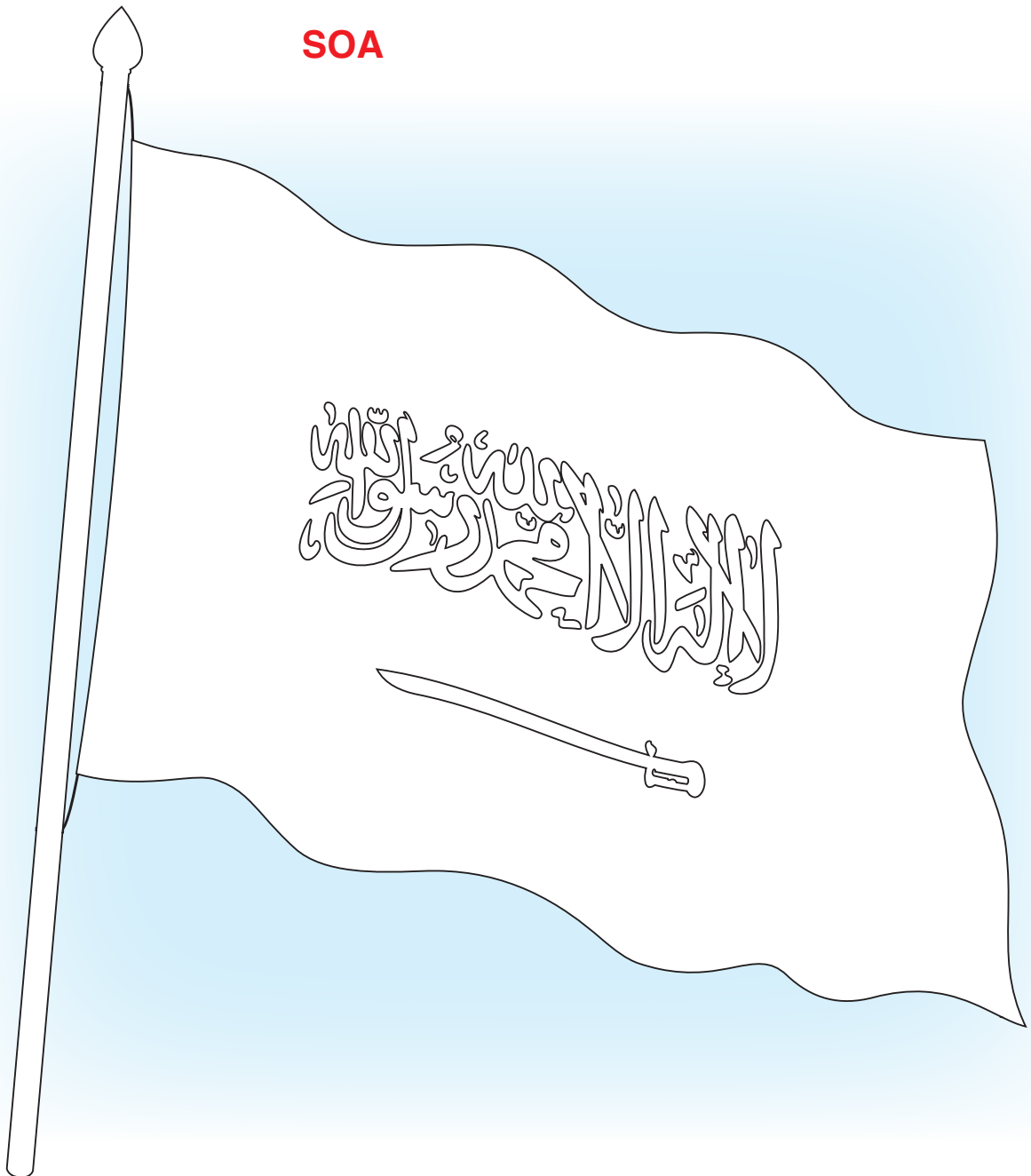
**By keeping it clean.**





Color the flag below to come up with the flag of the Kingdom of Saudi Arabia while singing the national anthem.

SOA





# Lesson 3 My City



Explain.

Saudi Arabia is comprised of 13 regions.

... **Because it is the second largest country in the Arab world.** ...



Locate Saudi Arabia and its Capital on the following map of the Arab world:





Using the map of Saudi Arabia, name 7 regions in Saudi Arabia.

1. **Riyadh.**.....

2. **Makkah.**.....

3. **Jeddah.**.....

4. **Al- Madinah.**.....

5. **Ta'if.**.....

6. **Dammam.**.....

7. **Tabuk.**.....





Unit

# 5

## My Food

■ Lesson

1

Food Pyramid

■ Lesson

2

Food and Nutrients

■ Lesson

3

Healthy Meals



# Lesson 1 Food Pyramid



Write the 4 major groups of food on the following food pyramid:

Fats, butter, cream, oils,  
sweets and sugar

Milk, cheese, yogurt

meat, poultry, fish  
dry beans, eggs and  
nuts

Fruits and

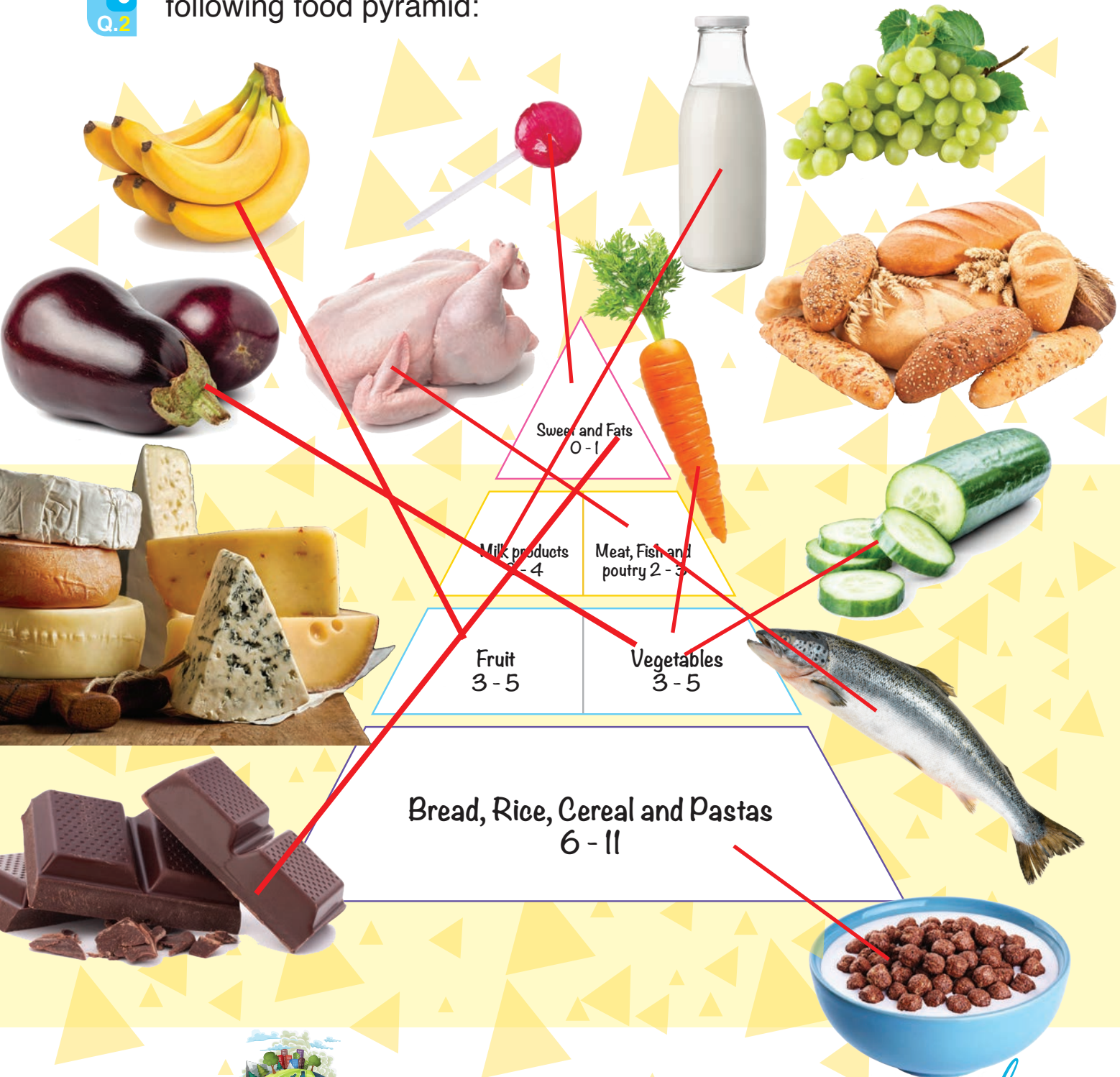
vegetables

Grains





Match each of the following foods with its group on the following food pyramid:





Write each food in the column of the food group to which it belongs:

Apples	Cereal	Carrots	Eggs	Cake	Cheese
Rice	Fish	Pasta	Cucumber	Cake	Beans
Tomatoes	Oil	Grapes	Butter	Milk	

Carbohydrates	Fruits and Vegetables	Milk and Meat	Fats and Sweets
Rice	Apples	Eggs	Cake
Pasta	Carrots	Cheese	Oil
Bread	Cucumber	Fish	Butter
Cake	Tomatoes	Beans	
	Grapes	Milk	



Answer the following questions:

- ▶ a. What does the wide part of the food pyramid show?

**It shows the food you should eat most often every day.**

- ▶ b. What does the narrow part of the food pyramid show?

**It shows the food you should eat less.**

- ▶ c. Why is it important to eat a variety of foods?

**Because it is important for good health as it enables people to get the energy, protein, vitamins, minerals and fiber they need to stay healthy.**





# Lesson 2 Food and Nutrients



Choose the suitable word to fill in the blanks.

Vitamins

carbohydrates

protein

mineral

dairy products

Nutrients

Fat

1. .... **Nutrients** .... are what living things need to make energy, grow, develop and reproduce.
2. Starches and sugars that are digested and used for energy in the body are .... **carbohydrates** .....
3. A .... **mineral** .... is salt found in small quantities in food and drinks.
4. Things made from milk, such as cheese and butter are known as .... **dairy products** .....
5. A substance found in food, such as meat, cheese, fish or eggs that is necessary for the body to grow and be strong is .... **protein** .....
6. .... **Vitamins** .... are compounds that are important for normal growth and nutrition.
7. .... **Fat** .... is a solid or liquid material from animals or plants that is used in cooking.





Fill in the following table with the functions of each nutrient and its food sources:

Nutrient	Function	Food sources
Water	<ol style="list-style-type: none"><li>1. It cools our body when it's working hard</li><li>2. It helps to digest food</li><li>3. It allows nutrients to get to body's parts</li></ol>	<p>Juices</p> <p>Fruits</p> <p>Soup</p>
Carbohydrates	<ol style="list-style-type: none"><li>1. They give energy</li><li>2. They are stored as energy</li><li>3. They provide vitamins, minerals and fiber</li><li>4. They give sweetness to food</li></ol>	<p>whole grains</p> <p>starchy food</p> <p>starchy and root vegetables</p>
Minerals	<ol style="list-style-type: none"><li>1. They help body carry O<sub>2</sub> to body's part</li><li>2. They help building strong bones and teeth</li></ol>	<p>whole grains</p> <p>lean meat</p> <p>milk</p> <p>dairy product</p>



## Nutrient

## Function

## Food sources

### Protein

1. **It builds muscles** .....
- .....
2. **It repairs muscles** .....
- .....
3. **It helps the body grow** .....
- .....

**meat** .....

**poultry** .....

**dairy products** .....

### Vitamins

1. **They improve sight at night** .....
2. **They help the body heal faster** .....
3. **They help the body get energy** .....
4. **They allow the body to fight off infections** .....

**fruit** .....

**vegetables** .....

**fish** .....

**whole grains** .....

### Fat

1. **It gives you energy** .....
2. **It makes you feel less hungry** .....
3. **It helps keep your skin smooth** .....
4. **It makes food taste good** .....

**vegetables oil** .....

**fish** .....

**meat** .....

**milk** .....



# Lesson 3 Healthy Meals



Why is eating breakfast so important for people?

1. It gives you a head start.
2. It helps you learn better.
3. It helps you behave better.
4. It gives you energy to participate more in school.



What does eating a healthy lunch do for you?

1. It gives you energy for the rest of the day.



What does a healthy lunch consist of?

1. Vegetables and fruits.
2. Grains.
3. Dairy products, meat, fish, dry beans, eggs and nuts.
4. Fats, butter, oil, cream, sweets and sugar.







Unit

# 6

## Economy

■ Lesson

1

Needs

■ Lesson

2

Wants

■ Lesson

3

Money and Currency

# Lesson 1 Needs



What do we need to live?

..Air.....

..Water.....

..Food.....

..Clothes.....

..Shelter.....



Circle the clothes you wear in winter.



# Lesson 2 Wants



What is the difference between needs and wants?

Needs are **the things that people must have to live.**

.....

Wants are **the things that people would like to have.**

.....



What do we do to satisfy our needs and wants?

**We pay money to buy them.**



Why is it important to choose and buy only the most important things we want?

**Because people cannot have everything they want.**

.....





Choose the suitable word to fill in the blanks.

shelter

money

saving

buy

air

choice

Spending

1. People breathe ..... **air** .....
2. A place to live in is a ..... **shelter** .....
3. We need ..... **money** ..... to pay for things we buy.
4. .... **Spending** ..... is to use money to buy something,  
whereas ..... **saving** ..... is the opposite.
5. It is a good ..... **choice** ..... to save money to spend in the future.
6. I like saving money to ..... **buy** ..... a story about animals.





Classify the following into needs or wants:

Car

Bread

Small house

Expensive dress

Golden ring

T-shirt

Juice

Villa

Candy

Water

Play Station

Medicine

Needs

Bread

Small house

Water

Medicine

T-shirt

Wants

Expensive dress

Golden ring

Juice

Villa

Candy

Play Station / Car





# Lesson 3 Money and Currency



What do we mean by:

Currency: **The money that a country uses.**

Price: **The money we pay to buy things.**



What is the currency used in Saudi Arabia?

**It is the Saudi Riyal (SAR)**



Match each money category with its value.

1 Riyal

Half a Riyal

10 Riyals

5 Riyals





Circle the correct answer.



=

a.



b.



=

a.



b.



=

a.



b.



=

a.



b.



=

a.



b.

